

## IWC in conjunction with NBLC February Month of Consecration

Asking all saints to include the following prayer requests in your prayers.

1. That all of God's people through prayer and fasting will prepare their minds and hearts to come into a greater commitment in covenanting with God recognizing accountability and responsibility like never before as a disciple of Jesus.
2. That all of God's people through prayer and fasting will permit God to revive a burden for the gospel of Jesus Christ in living and upholding his holy standard and then sharing it that faith and obedience unto salvation might follow who you share the gospel with.
3. That because of sharing the gospel, discipling will begin to go above and beyond not just to get souls excited temporarily, but that they may be won (committed fully) to Jesus Christ.
4. That God as a result of covenant upheld by God's people, miracles in these last days like we have never seen will manifest greatly.
5. That we as God's people reverently assess and where necessary adjust because serving God is not more about getting our needs and wants met only but rather reaching the lost—It's in the covenant agreement.
6. That God will heal all his people and their family members from sickness—spiritually, physically, mentally, and emotionally.
7. That God stir up the spiritual gifts in the lives of his people.

Prayer Partners: Asking saints to seek out a prayer partner that you can pray with daily that both will hold each other accountable for that committed time of praying.

Fasting Partners: Asking saints to seek out a fasting partner that you can pray and fast with on the same day that both will hold each other accountable for that committed day of fasting.

Prayer and Fasting Partners select your times to pray and your days to fast.

Asking all saints to Fast at least 2–3 days each week and to have 2–3 Daniel Abstinence (D. A.) days each week.

Regular meal (Reg) on Saturday and Sunday Evenings unless you want to make those added fasting days

Here are a few examples of how a week could be planned out

Sun	M	Tu	Wed	Th	F	Sa
Reg	D.A.	D.A.	F	D.A.	F	Reg
F	D.A.	F	F	D.A.	F	Reg
Reg	D.A.	F	D.A.	F	D.A.	F

Once again, these are just a few examples how you and your partner(s) can schedule. Once you and your partners are set a schedule, you must respect and hold one another accountable to the committed schedule.

Daniel Abstinence Days, Consume No Meats, No Unnatural Sweeteners nor Sugars. If You Must Use Sweeteners Use Maple Syrup, Stevia, Molasses, Xylitol or Honey. On \*Daniel Abstinence Days, do a Liver Cleanse. On Daniel Abstinence Days and Regular days Take Your Vitamins, Minerals, Veggies, Fruits, Nuts, Seeds, Dairy, Water, Fresh Juices, Smoothies, Salads, Oils and Low-Fat Dressings. Make Herbal Teas Suggesting Adding Ginger,

Liver cleanse recipe: **2 tablespoons lemon juice, 1 tablespoon extra virgin olive oil, 1 tablespoon blackstrap molasses or maple syrup, 2 cloves of garlic or 2 garlic capsules 1/10 tea spoon cayenne pepper, to taste. Mix or blend in 1 cup of citrus juice or water.**

